Welcome

1 About you

TODAY'S DATE: ____/____/____ FILE # _____

PATIENT NAME: _____
LAST FIRST MI

WHAT YOU PREFER TO BE CALLED _____ ❑ MALE ❑ FEMALE

BIRTHDATE: _____ AGE _____ SS# _____

MAILING ADDRESS: _____

_____
CITY STATE ZIP

HOME PHONE #: _____

WORK PHONE #: _____ EXT_____

OTHER PHONE #: _____

EMAIL ADDRESS: _____

EMPLOYER: _____ HOW LONG? ____

EMPLOYERS ADDRESS: _____

_____

_____
CITY STATE ZIP

OCCUPATION: _____

STATUS: MINOR SINGLE MARRIED DIVORCED SEPARATED WIDOWED

SPOUSES NAME: _____

DO YOU HAVE KIDS? YES NO HOW MANY _____

2 Insurance Info

CO. NAME: _____

ADDRESS: _____

PHONE#: _____

INSUREDS SS#: _____

GROUP# (PLAN, LOCAL OR POLICY#)

INSURED'S NAME: _____

RELATION: _____

DATE OF BIRTH ____/____/____

INSURED'S EMPLOYER: _____

_____

PLEASE INFORM FRONT DESK OF 2ND. INSURANCE SOURCE

3 REASON FOR VISIT

THE REASON FOR THIS VISIT IS A RESULT OF: (PLEASE CIRCLE): WORK SPORT AUTO TRAUMA OR CHRONIC

(EXPLAIN WHAT HAPPENED): _____

_____

_____

PLEASE DESCRIBE THE PAIN & ITS LOCATION : _____

_____

WHEN DID THIS CONDITION BEGIN? ____/____/____

IS THIS CONDITION GETTING WORSE?

YES NO CONSTANT COMES & GOES

IS THIS CONDITION INTERFERING WITH YOUR: (PLEASE CIRCLE) WORK SLEEP OR DAILY ROUTINE

IF SO PLEASE EXPLAIN : _____

_____

HAVE YOU BEEN TREATED BY A PHYSICIAN FOR THIS CONDITION ? YES NO

IF SO WHERE ? _____

4 IN EVENT OF EMERGENCY

Who should we contact? : _____

Relation : _____

Home phone# : _____ Work phone#: _____

Who is your Medical Doctor? _____ phone#: _____

5 HEALTH HISTORY

Are you taking any of the following medications?

❑ Nerve pills ❑ Pain killers (including aspirin) ❑ Muscle relaxers ❑ Stimulants ❑ Blood thinners ❑ Tranquilizers ❑ Insulin

❑ Others _____

Do you have or ever had any of the following diseases or conditions?

Y N Heart Attack	Y N Heart Surg./Pacemaker	Y N Heart Murmur	Y N Dizziness	Y N Jaw Problems	Y N Leg pain
Y N Congenital Heart Defect	Y N Mitral valve Prolapse	Y N Artificial Valves	Y N Difficulty sleeping	Y N Irritability	Y N Ears ringing
Y N Alcohol/Drug Abuse	Y N Venereal Disease	Y N Hepatitis	Y N Nausea	Y N Back pain	Y N Stomach upset
Y N HIV+/ Aids	Y N Shingles	Y N Cancer	Y N Arm/Shoulder pain	Y N Headaches	Y N Numb Feet/Toes
Y N Frequent Neck Pain	Y N Emphysema / Glaucoma	Y N Anemia	Y N Fatigue	Y N Numb Hands/Fingers	Y N Neck pain
Y N High/Low Blood Pressure	Y N Psychiatric Problems	Y N Rheumatic Fever	Y N Blurred vision	Y N Lower back pain	Y N Memory loss
Y N Severe Frequent Headaches	Y N Kidney Problems	Y N Ulcers / Colitis	Y N Back stiffness	Y N Tension	Y N Arthritis
Y N Fainting/Seizures/Epilepsy	Y N Sinus problems	Y N Asthma	Y N Shortness of breath	Y N Chest pain	Y N Artificial Bones / Joints
Y N Diabetes / Tuberculosis	Y N Difficulty Breathing	Y N Chemotherapy	Y N Neck stiff	Y N Buzzing in ear	Y N Lower Back Problems

Please list any other serious medical condition(s) you have or ever had: _____

Please list anything that you may be allergic to: _____

List previous surgeries / treatments with dates: _____

_____

_____

List any past serious accidents with dates: _____

Family Health History: _____

_____

Do you: Take supplements or vitamins? ❑ Yes ❑ No / Exercise ❑ Yes ❑ No

Are you on a special diet ❑ Yes ❑ No / Since ____/____/____

Do you Smoke? ❑ Yes ❑ No / How much _____How long _____

Are you wearing Heel Lifts ❑ Sole Lifts ❑ Inner Soles ❑ Arch Supports

For women:

Are you taking Birth Control? ❑ Yes ❑ No

Are you pregnant? ❑ No ❑ Yes / How Long?

Nursing? ❑ Yes ❑ No

■ I AGREE TO PAY FOR SERVICES RENDERED TO THE ABOVE MENTIONED PATIENT AS THE CHARGES ARE INCURRED. I UNDERSTAND AND AGREE THAT HEALTH & ACCIDENT INSURANCE POLICIES ARE AN ARRANGEMENT BETWEEN AN INSURANCE CARRIER AND MYSELF AND THAT I AM PERSONALLY RESPONSIBLE FOR PAYMENT OF ANY AND ALL SERVICES COVERED OR NON-COVERED. I ALSO UNDERSTAND THAT IF I SUSPEND OR TERMINATE MY CARE AND TREATMENT, ANY FEES FOR PROFESSIONAL SERVICES RENDERED WILL BE IMMEDIATELY DUE AND PAYABLE. THE INJURIES / ILLNESS SUSTAINED AND THE PAIN AND SUFFERING I HAVE ARE REAL AND I HAVE NOT EITHER IMAGINED OR EXAGGERATED THE EXTENT AND NATURE OF MY PAIN AND SUFFERING OR ILLNESS.

■ I AM OF SOUND MIND, AND TO THE BEST OF MY KNOWLEDGE ALL THE INFORMATION I HAVE PRESENTED IS TRUE. I AUTHORIZE THE STAFF TO PERFORM ANY NECESSARY SERVICES NEEDED DURING DIAGNOSIS AND TREATMENT. I ALSO AUTHORIZE THE PROVIDER AND OR MANAGED CARE ORGANIZATION, TO RELEASE ANY INFORMATION REQUIRED TO PROCESS INSURANCE CLAIMS.

SIGNATURE _____

PAIN CHART

About you

PATIENT NAME: _____ FILE # _____

WHAT IS YOUR CURRENT WEIGHT: _____ LBS, AND HEIGHT _____FT_____IN.

PLEASE DESCRIBE YOUR CONDITION: _____

_____

_____

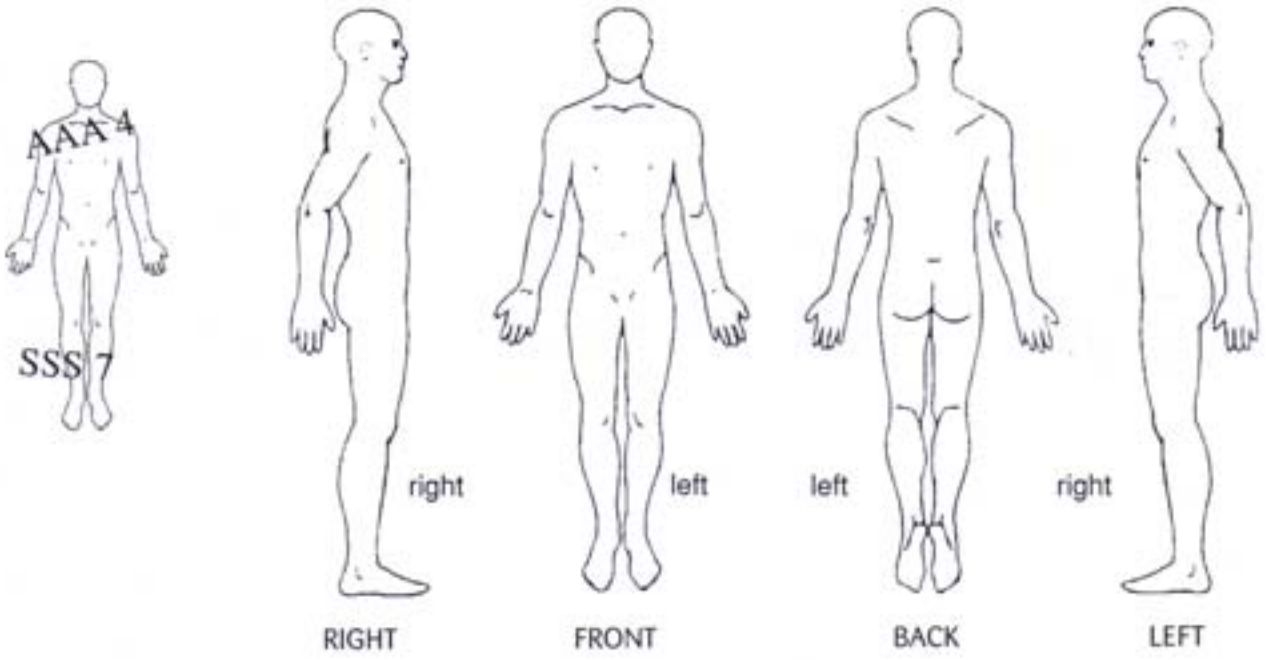
_____

SIGNATURE _____ DATE _____

Show us where it hurts

PLEASE MARK AREA(S) OF INJURY OR DISCOMFORT AS SHOWN IN THE EXAMPLE BELOW. MARK ALL AREAS WITH THE APPROPRIATE SYMBOLS AND INDICATE THE DEGREE OF PAIN USING A SCALE: FROM 1 (DISCOMFORT) TO 10 (EXTREME PAIN).

DESCRIPTION	NUMBNESS	PINS & NEEDLES	BURNING	ACHING	STABBING
SYMBOL	NNN	PPPP	BBBB	AAAA	SSSS



Doctors Notes

_____

_____

_____

_____

_____

_____

_____

PLEASE RECYCLE SO THAT WE MAY PRESERVE THE HEALTH OF OUR PLANET

Activities of Daily Living Assessment

Rate your current difficulties, resulting from your accident/illness, with regard to the various activities listed below. Use the following 1 to 5 scale and **WRITE IN THE APPROPRIATE NUMBER** that most closely describes your current degree of difficulty: **1** = "I can do it without any difficulty" **2** = "I can do it without much difficulty, despite some pain", **3** = "I manage to do it by myself, despite marked pain", **4** = "I manage to do it, despite the pain, but only if I have help", **5** = "I cannot do it at all, because of the pain". **NOTE: Only fill in areas that are affected.**

Difficulties with Self Care and Personal Hygiene Activities

Bathing ___	Drying hair ___	Brushing teeth ___	Putting on shoes ___	Preparing meals ___	Taking out trash ___
Showering ___	Combing hair ___	Making bed ___	Tying shoes ___	Eating ___	Doing laundry ___
Washing hair ___	Washing face ___	Putting on shirt ___	Putting on pants ___	Cleaning dishes ___	Going to toilet ___

Difficulties with Physical Activities

Standing ___	Walking ___	Kneeling ___	Bending back ___	Twisting left ___	Leaning back ___
Sitting ___	Stooping ___	Reaching ___	Bending left ___	Twisting right ___	Leaning left ___
Reclining ___	Squatting ___	Bending forward ___	Bending right ___	Leaning forward ___	Leaning right ___
Standing for long periods ___	Sitting for long periods ___	Walking for long periods ___	Kneeling for long periods ___

Difficulties with Functional Activities

Carrying small objects ___	Lifting weights off floor ___	Pushing things while seated ___	Exercising upper body ___
Carrying large objects ___	Lifting weights off table ___	Pushing things while standing ___	Exercising lower body ___
Carrying brief case ___	Climbing stairs ___	Pulling things while seated ___	Exercising arms ___
Carrying large purse ___	Climbing inclines ___	Pulling things while standing ___	Exercising legs ___

Difficulties with Social and Recreational Activities

Bowling ___	Jogging ___	Swimming ___	Ice Skating ___	Competitive Sports ___	Dating ___
Golfing ___	Dancing ___	Skiing ___	Roller Skating ___	Hobbies ___	Dining out ___

Difficulties with Travelling

Driving a motor vehicle ___	Riding as a passenger in a motor vehicle ___	Riding as a passenger on a train ___
Driving for long periods of time ___	Riding as a passenger on an airplane ___	Riding as a passenger for long periods ___

Use the following **1 to 5** scale to describe the difficulties below:
1 = "This area is not affected by my condition", **2** = "This area is slightly affected by my condition", **3** = "My condition moderately restricts my ability in this area", **4** = " My condition seriously limits my ability in this area", **5** = "My condition prevents me from using this ability"

Difficulties with Different Forms of Communication

Concentrating ___ Hearing ___ Listening ___ Speaking ___ Reading ___ Writing ___ Using a keyboard ___

Difficulties with the Senses

Seeing ___ Hearing ___ Sense of touch ___ Sense of taste ___ Sense of smell ___

Difficulties with Hand Functions

Grasping ___ Holding ___ Pinching ___ Percussive movements ___ Sensory discrimination ___

Difficulties with Sleep and Sexual Function

Being able to have normal, restful nights sleep ___ Being able to participate in desired sexual activity ___

Write in below any additional information regarding your Activities of Daily Living (that wasn't covered above):

Prior Symptom History

Prior Similar Symptoms

- ❑ I have NOT had prior symptoms similar to my current complaints.
- ❑ My current complaints DID exist before, but have not been bothering me.
- ❑ My current complaints ALREADY existed and were worsened.

Has your History Contributed to your Current Symptoms?

- ❑ My history HAS contributed to my current symptoms.
- ❑ My history HAS NOT contributed to my current symptoms.
- ❑ I'm NOT SURE if my history has contributed to my current symptoms.

My most recent prior similar symptoms (**if applicable**) occured ___ ❑ months ago / ❑ years ago **Or on** Date: ___/___/___

Write in below any other Prior Symptom History, not covered above:

HEALTH CARE AUTHORIZATON FORM

Patient's Name_____
Patients SS#_____ Date of Birth_____

THE PATIENT IDENTIFIED ABOVE AUTHORIZES DR. ANTHONY R. BARTOLO, COBB PAIN AND REHABILITATION TO USE AND OR DISCLOSE PROTECTED HEALTH INFORMATION IN ACCORDANCE WITH THE FOLLOWING:

SPECIFIC AUTHORIZATIONS (please check all that apply)

☐ I give permission to Cobb Pain & Rehabilitation, to use my address, phone number and clinical records to contact me with appointment reminders, missed appointment notification, birthday cards, holiday related cards, newsletters, information about treatment alternatives or other health related information. I also give permission allowing my name to be posted on a referral board or my picture to be posted on message board for office related events. In the future should I write a testimonial regarding my treatment in this office, I give permission for it to be posted.

☐ If Cobb Pain & Rehabilitation, contacts me by phone, I give them permission to leave a phone message on my answering machine or voice mail, or with the individual who answers the telephone.

☐ I give Cobb Pain & Rehabilitation permission to treat me in an open room where other patients are also being treated. I am aware that other persons in the office may overhear some of my protected health information during the course of care. Should I need to speak with the doctor at any time in private, the doctor will provide a room for these conversations.

☐ By signing this form you are giving Cobb Pain & Rehabilitation permission to use and disclose your protected health information in accordance with the directives listed above.

RIGHT TO REVOKE AUTHORIZATION

You have the right to revoke this AUTHORIZATON, in writing, at any time. However, your written request to revoke this AUTHORIZATION is not effective to the extent that we have provided services or taken action in reliance on your authorization.

You may revoke this AUTHORIZATION by mailing or hand delivering a written notice to the Privacy Official of Cobb Pain & Rehabilitation. The written notice must contain the following information:

Your name, Social Security number and date of birth;
A clear statement of your intent to revoke this AUTHORIZATION;
The date of your request and your signature.

The revocation is not effective until it is received by the Privacy Official.

This AUTHORIZATION is requested by Cobb Pain & Rehabilitation for its own use/disclosure of Protected Health Information.
(Minimum necessary standards apply.)

You have the right to refuse to sign this AUTHORIZATION. If you refuse to sign this AUTHORIZATION, Cobb Pain & Rehabilitation will not refuse to provide treatment.

You have the right to inspect or copy the PHI to be used/disclosed.

** ** A COPY OF THE SIGNED AUTHORIZATION WILL BE PROVIDED TO YOU ** **

Print Name of Patient

_____

Signature of Patient

_____

Date

_____

Signature of Personal Representative

_____